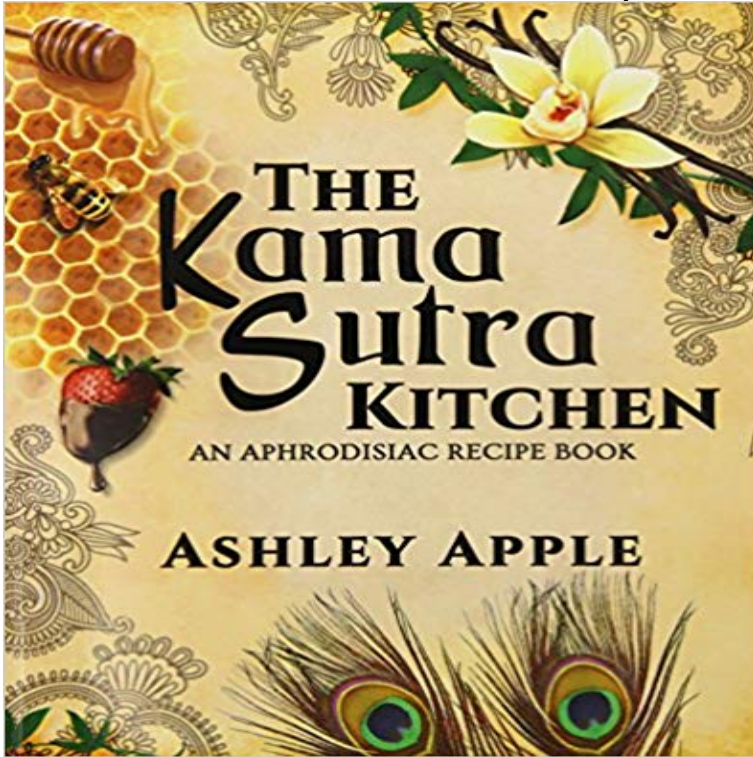


The Kama Sutra Kitchen: An Aphrodisiac Recipe Book



The secret to successful aphrodisiacs is in the alchemy of creating, and this book is designed to increase sensuality to support the proper mood while concocting aphrodisiac recipes. Each section of the book is short and sweet, designed to introduce you to the basic concepts of alchemy and herbal medicine. This is a recipe book for creating aphrodisiac treats that increase sexual desire, passion, sensation, vitality, stamina and intensify orgasm. Ashley offers her own discoveries of blending and creating raw chocolate treats as a tool for simple kitchen alchemy and suggestions for romantic bedroom menus. And at the end is a guide to sexy seduction with your own homemade aphrodisiacs! Ashley Apple is a sexuality educator whose workshops, retreats and online classes provide an essential yet playful education for a healthy, juicy, satisfied sex life. Her fun and grounded teaching style is a culmination of years of experience as a certified clinical herbalist, yoga teacher and massage therapist. She is the creator of the online video series, The Juicy Living Course. www.ashleyapple.com

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